



# THE GOSPEL OF CHRIST BIBLE OUTREACH

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## DAILY DEVOTION WHAT YOU NOURISH WILL FLOURISH

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### **Psalm 92:12-13 (NIV)**

“The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon; planted in the house of the LORD, they will flourish in the courts of our God.”

Twice in Psalm 92 the Psalmist uses the word “flourish.” It is used to describe the quality of life we can live when we are rightly related to God, despite the circumstances life may bring.

Is “flourish” a word that would describe your life? Who are those who flourish, and how do they do it?

It is the “righteous” who flourish. They flourish in the courts of our God because they are planted in Him! When our lives are planted in Him, we can flourish because He supplies all the nourishment we need to flourish! What you nourish will flourish!

Jesus said He was the Living Water and the Bread of Life. We all know the importance of bread and water. Without them, our bodies would not survive long. Whenever we are hungry or thirsty, we know how to satisfy those needs. But do we do that spiritually? The real problem is we are so busy doing the urgent that we fail to do the most important: nourish our souls. Someone once said, “You don’t have a soul. You are a soul, You happen to have a body.”

Just as our bodies need nourishment to thrive, so do our spirits. When we fail to thrive spiritually, we need to act. We can go to Christ, the living water and the bread of life. His Word will nourish our souls. Prayer will quench our thirst to connect with Him and experience His refreshing presence. This is the daily diet of every believer. Neglect it, and you will fail to thrive.

Sometimes, we try to satisfy our spiritual hunger with human resources. We may rely heavily upon friends and the experiences of others that we haven’t learned how to go to Christ for our own spiritual food. Or, perhaps, we’ve had such a great spiritual feast in the past that we thought we would never have to eat again. We grew faint because we were still functioning on an encounter with God we had years ago.

If you are spiritually hungry, it is not because God does not have an abundance of resources prepared and available for you. For instance, when God gave manna to the children of Israel in the wilderness, they had to go out each day to receive God’s daily provision. They could not s.

tore it up for the next day. It was fresh each morning. Jesus taught His disciples to pray, "Give us this day our daily bread." Spiritual nourishment is something you must seek daily to thrive spiritually. Remember, whatever you nourish will flourish! When we connect with God daily through His Word, we feel the strength and spiritual vitality that time alone with Him offers. Continue each day to feed on His Word and, through prayer and worship, quench your thirst for God. When you do, the Bible says you'll flourish like a palm tree, you'll grow like a cedar of Lebanon.

## **PRAYER**

I receive grace to feed on the word of God and to pray to Him to flourish like Lebanon tree, so help me God,  
Amen